

****ANNOUNCING A NEW LOCATION****

ANAD EATING DISORDERS SUPPORT GROUP

(ASSOCIATION FOR ANOREXIA NERVOSA AND ASSOCIATED DISORDERS)

Saturdays 10 am until 11:00 am

A support group for women and men struggling with anorexia, bulimia, and compulsive overeating as well as for families and friends wishing to be involved in the recovery process

The purpose of this group is to provide the opportunity to:

- ❖ Meet with others who share similar problems and receive support
- ❖ Learn and maintain healthy coping skills
- ❖ Identify and express emotions
- ❖ Develop interpersonal skills and address relationship issues
- ❖ Identify role of healthy body image and food in development
- ❖ Receive referral information for treatment

This group is co-facilitated by a registered dietitian and a counselor who specialize in the treatment of disordered eating. **For more information, contact: Page Love, RD at 770-457-1457.**

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