



Eileen Shaw

RD, LD, MS, LAPC

Eileen Shaw is a Registered and Licensed Dietitian, Medical Nutrition Therapist, and Licensed Associate Professional Counselor. With more than 20 years of experience, she specializes in eating disorders and therapeutic lifestyle change. Eileen provides nutritional counseling through **Nutrifit, Sport, Therapy, Inc.** to promote the role of nutrition in clients' health.

Eileen Shaw's qualifications and experience include:

- Helping clients improve health and wellness in settings including hospital, outpatient clinic, and private medical practice
- Specialist in cardiovascular nutrition and weight management
- Completed internships at Touro Medical Hospital in New Orleans, LA, and the Peachford Eating Disorders Program in Atlanta, GA
- Active member of Atlanta and Georgia Dietetic Associations, Sports Cardiovascular and Wellness Nutritionists, Nutrition Entrepreneurs, Food and Culinary Professionals, Eating Disorders Information Network, and National Eating Disorders Association
- Holds a B.S. in Nutrition and Dietetics, and has earned Master of Science degree in Community Counseling

To make an appointment with Eileen, call 770-395-7331.

Nutrifit, Sport, Therapy, Inc., a nutritional consulting practice, was founded in 1992 by Page Love, a leading national expert in sports nutrition and disordered eating.



770.395.7331

nutrilo@aol.com

www.nutrifitga.com