



Introducing Ellen Slade

Registered Dietitian

Ellen Slade is a Registered Dietitian specializing in weight control, nutritional assessment, and cardiovascular, diabetes, and renal nutrition. She had developed educational plans and materials, taught classes on nutrition, and worked in a variety of clinical settings. Ellen has joined the team at *Nutrifit, Sport, Therapy, Inc.* to provide the best in services to our clients!

Ellen Slade's qualifications and experience includes:

- Program planning, class instruction, and employee in-service on a variety of nutritional topics
- Individual client counseling
- Experience as a clinical nutritionist at Emory University Hospital
- Working as a clinical dietitian and diabetes educator at St. Joseph's Hospital
- Specializing as a renal dietitian at Gambro Dialysis Center
- Serving as a teaching dietitian and orthopedic nurse at Dekalb Medical Center
- A degree in Nursing and a degree in Community Health Nutrition from Georgia State University

To make an appointment with Ellen, call 770-395-7331.

Nutrifit, Sport, Therapy, Inc., a nutritional consulting practice, was founded in 1992 by Page Love, a leading national expert in sports nutrition and disordered eating.



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