



## Introducing Meallogger.com

*You can now track your meals using [www.meallogger.com](http://www.meallogger.com).* MealLogger is a visual food journal that allows you to connect with and get guidance from nutrition professionals. Create your meal journal from pictures taken

with a digital camera or cell phone. MealLogger is a new service, where you can create a food journal from photos that you take of your meals. You will get individualized feedback and guidance directly to your journal from a nutrition professional. See our website for more information.