



Introducing Nancy Anderson

MPH, RD, LD

A Registered and Licensed Dietitian, Nancy Anderson provides individualized nutrition therapy through *Nutrifit, Sport, Therapy, Inc.* Nancy specializes in assisting clients with issues relating to weight management and disease prevention and control, and nutrition therapy for disordered eating.

Nancy Anderson's qualifications and experience includes:

- Specializes in assisting clients with heart disease, cholesterol and blood pressure problems, diabetes, metabolic syndrome, polycystic ovarian syndrome, disordered eating, overeating/obesity issues, and other conditions
- 12 years working as HeartWise Coordinator with The Emory Clinic, working in patient education and risk reduction
- Specializes in media work and taught course titled *Nutrition and the Media* at Georgia State University
- Earned a Master's Degree in Public Health from the University of North Carolina
- Specializes in education on healthy dining out and developed and launched two heart-healthy restaurant dining out programs

To make an appointment with Nancy, call 770-395-7331.

Nutrifit, Sport, Therapy, Inc., a nutritional consulting practice, was founded in 1992 by Page Love, a leading national expert in sports nutrition and disordered eating.



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