

New Location

ANAD EATING DISORDERS SUPPORT GROUP

(ASSOCIATION FOR ANOREXIA NERVOSA AND ASSOCIATED DISORDERS)

EVERY SATURDAY

10 a.m. until 11:00 a.m.

A support group for women and men struggling with anorexia, bulimia, or compulsive overeating as well as families and friends wishing to be involved in the recovery process



The purpose of this group is to provide the opportunity to:

- ☞ *Meet with others who share similar problems and receive support*
- ☞ *Learn and maintain healthy coping skills*
- ☞ *Identify and express emotions*
- ☞ *Develop interpersonal skills and address relationship issues*
- ☞ *Identify role of healthy body image and food in development*
- ☞ *Receive referral information for treatment*

This group is co-facilitated by a registered dietitian and a counselor who specialize in the treatment of disordered eating.

For more information, contact: Page Love, RD, at 770-395-7331.

St. Luke's Presbyterian Church

Room 145

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