



## Mary Parker Davis

MS, RDN, LD

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A Registered and Licensed Dietitian, Mary Parker Davis provides individualized nutrition therapy through Nutrifit Sport Therapy Inc. Mary Parker specializes in assisting clients with issues relating to pediatric and adolescent weight management. Over the course of her educational career, Mary Parker has realized nutrition plays a different role in each person's life, but her various past experiences lead her to develop this central philosophy about nutrition; smaller, more realistic changes are the sustainable ones that can last a lifetime and make the biggest difference overall.

Mary Parker's qualifications and experience includes:

- Individual client counseling on a variety of topics including weight management and general wellness for the pediatric and adolescent population.
- Working as a Nutrition graduate assistant for the After-School All-Stars program teaching healthy eating habits to middle school aged students within the Atlanta Public school system. (2012-2014)
- Serving as the curriculum development leader for the Kids in the Kitchen committee for the Junior League of Atlanta helping to promote healthy eating while getting kids to be hands on in the kitchen
- A Bachelor's Degree in Dietetics and Consumer Foods from the University of Georgia
- A Master's Degree in Nutrition from Georgia State University
- A member of the Academy of Nutrition and Dietetics

To make an appointment with Mary Parker, call 770-395-7331

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1117 Perimeter Center West, Suite W-507  
Atlanta, GA 30338