



Melissa Vigdor

MS, RDN, LD

A member of the Nutrifit staff since 2012, Melissa is a registered dietitian specializing in weight management, general wellness, and pediatric nutrition. After earning an MS in nutrition from Georgia State University, she began working with a wide range of clients to help them meet their individualized nutrition goals. With a belief that nutrition is not a one-size-fits-all solution, Melissa utilizes a collaborative approach to set realistic and achievable goals for her clients, enabling them to make positive lifestyle changes and develop healthy habits.

Melissa's qualifications and experience include:

- Experience Working with Both Adult and Pediatric Patients
- MS in Nutrition from Georgia State University
- Pediatric Internship at Children's Healthcare of Atlanta - Egleston Campus
- After-School All-Stars Cooking and Nutrition Teacher for Middle School Students
- Academy of Nutrition and Dietetics Member

To make an appointment with Melissa, call 770-395-7331

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