



Nancy Anderson

RDN, LD

A Registered and Licensed Dietitian, Nancy Anderson provides individualized nutrition therapy through Nutrifit, Sport, Therapy, Inc. Nancy specializes in assisting clients with issues relating to weight management and disease prevention and control, and nutrition therapy for disordered eating.

Nancy Anderson's qualifications and experience include:

- Specializes in assisting clients with heart disease, cholesterol and blood pressure problems, diabetes, metabolic syndrome, polycystic ovarian syndrome, disordered eating, overeating/obesity issues, and other conditions.
- 12 years working as HeartWise Coordinator with The Emory Clinic, working in patient education and risk reduction.
- Specializes in media work and taught course titled Nutrition and the Media at Georgia State University
- Earned a Master's Degree in Public Health from the University of North Carolina.
- Specializes in education on healthy dining out and developed and launched two heart-healthy restaurant dining out programs.

To make an appointment with Nancy, call 770-395-7331

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