

# *Come Join Us for Zumba Dancing*

For our Monthly Fitness Outing



NutriFit Sport Therapy's "Fit for Life" fitness group will be meeting for Zumba Dancing.

This event will be located at our office:  
1117 Perimeter Center West, Fitness Center on the ground floor in between  
the West and East entrances on

**Sunday, January 14 at 4:00 p.m.**

Ready to party? Get ready for Zumba, a Latin-inspired, easy-to-follow aerobic dance class.

Please RSVP by contacting the NutriFit office at (770)-395-7331 if you are interested in attending.