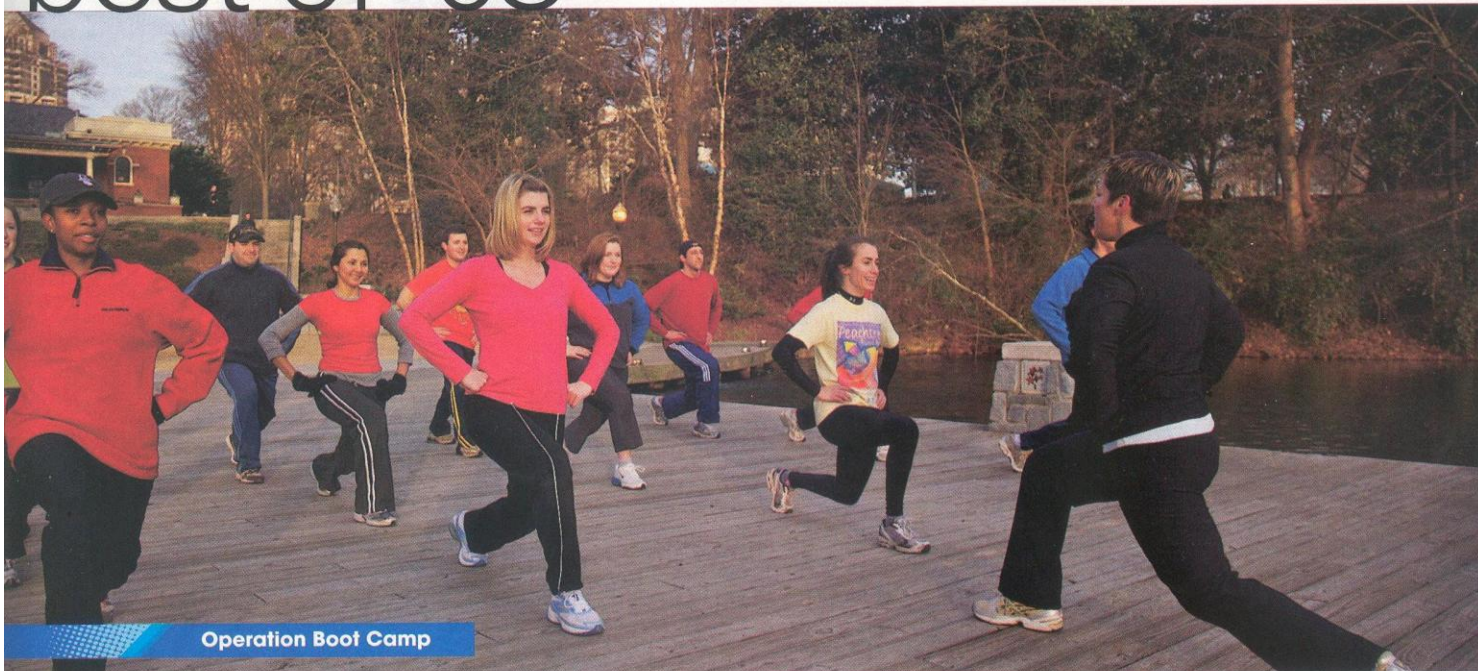


best of '08



Operation Boot Camp

Best Boot Camp

- 1. Operation Boot Camp**
Multiple locations
operationbootcamp.com
- 2. The American Boot Camp Company**
Multiple locations
thebootcampcompany.com
- 3. BTB Boot Camp**
Multiple locations
btbfitness.com

Best Product Shopping

- 1. Natural Body Spa & Shoppe**
Multiple locations
naturalbody.com
- 2. Whole Foods Market**
Multiple locations
wholefoodsmarket.com
- 3. Origins**
Multiple locations
origins.com

Best Place to Play Tennis

- 1. Piedmont Park**
piedmontpark.org
- 2. Blackburn Tennis Center**
blackburntenniscenter.net
- 3. Chastain Park**
chastainpark.org

Best Vitamin Shop

- 1. Supplement Warehouse Corporation**
560 Amsterdam Ave., N.E.
404.875.3500
supplementwarehouse.com
- 2. Discount Nutrition-Buckhead**
3330 Piedmont Road N.E., Suite 4
404.949.2000
discountnutrition.biz
- 3. GNC**
Multiple locations
gnc.com

Best Surgery Center

- 1. North Atlanta Plastic and Reconstructive Surgery**
1295 Hembree Road, Blvd.
770.772.0695
graivier.com
- 2. Paces Plastic Surgery**
Multiple locations
pacesplasticsurgery.com
- 3. Aesthetic Surgery Associates**
993-D Johnson Ferry Road, Unit 470
404.252.0301
aestheticsurgeryassoc.com

Best Dermatologist

- 1. Harold Brody, M.D.**
1218 W. Paces Ferry Road, Unit 200
404.525.7409
atlantadermatology.com

2. Rutledge Forney, M.D.

Multiple locations
dermatologyaffiliates.com

3. Matthew Reschly, M.D.

Multiple locations
northatlantaderm.com

Best Nutritionist

- 1. Alisa Winters, RD**
404.688.0100
btbfitness.com
- 2. Page Love, MS, RD, LD**
770.457.1457
nutrifitga.com
- 3. Jennifer Hnat, MS**
404.353.3482
antiagingqueen.com

Best Diet

- 1. Body-for-LIFE**
bodyforlife.com
- 2. Weight Watchers**
weightwatchers.com
- 3. Quick Weight Loss Center**
qwlc.com

Best Spin Class

- 1. Jeanne's Body Tech**
3165 Peachtree Road
404.261.0227
jeannesbodytech.com

2. Crunch

multiple locations
404.325.2700
crunch.com

3. LA Fitness

Multiple locations
lafitness.com

Best Diet Book

- 1. "Body-for-LIFE"** by Bill Phillips and Michael D'Orso
- 2. "The Eat-Clean Diet"** by Tosca Reno
- 3. "Making the Cut"** by Jillian Michaels

Best Healthy Smoothie

- 1. Smoothie King**
Multiple locations
smoothieking.com
- 2. Planet Smoothie**
Multiple locations
planetsmoothie.com
- 3. Nuts 'N Berries**
4274 Peachtree Road N.E.
404.237.6829
nutsnberries.com