

# SCRAP YOUR SCALE

~~ *Don't weigh your self worth* ~~

Join **EDIN** and our friends at **Atlanta Center for Eating Disorders (ACE)** for this empowering event! Bring your scale, **bash** it with a sledgehammer, and write all over it before doing so. We'll use the "scrap" for a **sculpture** that honors and celebrates the freedom that is guaranteed to be found on this day.

- **Saturday, May 10th**
- **Drop in anytime between 3-5pm**
- **Location: Gotta Dance, 1778 Ellsworth Industrial Dr NW, Atlanta, GA**
- **Don't forget to bring your scale!**

"Our identity is so much more than a number on a piece of plastic, but unfortunately millions of people step on their scale every morning and allow the number to dictate how they will feel about themselves, what they will or will not eat, and how much they will work out. It's an addiction that feeds low self-esteem and depression."

- *Leighton Jordan, Miss Georgia 2012, will be participating in SYS on May 10th*

