

Come Join Us on Our Scenic Hike up Stone Mountain

for our **Monthly Fitness Outing**



NutriFit Sport Therapy's "Fit for Life" Fitness Group Outing for May will be a scenic hike up Stone Mountain on **Sunday, May 21, at 3:00 p.m.** We will meet on the east side of the mountain at the train station behind the confederate museum. You can **RSVP** by contacting the NutriFit office at **770-395-7331** if you are interested in attending. We hope that you can join us as we continue to stay Fit for Life!

You can visit <http://www.stonemountainpark.com> for directions and additional park information.