Honoring the Past, Embracing the Future: 25 Years Later

Feminist Perspectives and Beyond:

The 25th Anniversary of The Renfrew Center Foundation Eating Disorders Conference for Professionals

November 13-15, 2015
Philadelphia, PA

Featuring Keynote Presenter:
Gloria Steinem
After 25 years of bringing together experts and luminaries who have advanced our field, the 2015 Renfrew Center Foundation Conference will provide opportunities for reflection and foresight – exploring the wisdom of the past and innovative perspectives for the future. Join us as we embrace the challenges ahead with an open spirit!

Why you should attend:

• Has been recognized as one of the premier eating disorders conferences in the country for the past 25 years.

• Provides a forum for an in-depth exploration of clinical process, in addition to presentation of data and information.

• Allows you to enhance your knowledge of eating and food related problems, regardless of your practice setting.

• Features more than 25 workshops presented by renowned experts in the eating disorders field and 4 outstanding keynotes.

• Access to an online multimedia conference portal featuring speaker presentations and handouts will be available.

• Creates a sense of community and respect which allows professionals to talk honestly about what they do, say and feel when treating patients with eating disorders.

• Offers up to 18 CEs accredited by the APA, NASW, NBCC, PSNA and the Commission on Dietetic Registration. Continuing education credits are included in the registration fee.

• Offers up to 18 AMA PRA Category 1 Credits™. Continuing Medical Education Credits are included in the registration fee.

• Provides extensive networking opportunities through lunches and special breakfasts for nutrition therapists, private practitioners, diverse populations and men.

• Conference registration includes meals, morning exercise and social events, as well as an orientation reception for new attendees on Thursday night.

• The Philadelphia Airport Marriott is newly renovated, centrally located and offers a low hotel rate.

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**Agenda**

**Thursday Evening, November 12, 2015**

8:00-9:00  **NEW ATTENDEE ORIENTATION**

First time attendees! You are invited to a special evening orientation reception. Please join us for an opportunity to meet key Renfrew staff, learn the “ins and outs” of navigating the conference and network with other first time attendees. Light refreshments will be served.

**Friday, November 13, 2015**

6:45-7:30  **MORNING EXERCISE: FUNky FIT**

Nettie Reeves, CPT, CHC

Created by Charlotte’s Queen of Fitness, Nettie Reeves’ FUNky Fit will have you grooving and smiling as your body moves to the rhythms and beats from pop to R&B. Appropriate for all levels, all body types and all states of mind. “The mind, not the mirror, is the judge.”

7:45 – 8:45  **GENERAL REGISTRATION & CONTINENTAL BREAKFAST**

9:00-12:00  **FRIDAY MORNING WORKSHOPS**

**FR1**  **Relational Cultural Theory - Seeing the Forest Through the Trees**

Amy Banks, MD & Judith Jordan, PhD

Relational Cultural Theory (RCT) promotes the belief that healthy relationships are at the heart of all healing and cultural context shapes all relationships. This workshop offers a review of key RCT concepts, and highlights its development from a revolutionary, feminist theory to a robust, global community of practitioners, educators and activists.

*Didactic/Interactive • All Levels*

**FR2**  **The Barbara M. Greenspan Memorial Lecture**

How We Can Invite Transcendence into our Clinical Work with Clients and into our Personal Lives

Michael E. Berrett, PhD

Therapeutic change is connected to transcendent experiences of shifts in perspective, changes of the heart, emotionally corrective events and spiritual experiences. Clinicians can “stack the deck” in favor of transcendence for clients and for themselves. This workshop illustrates “how” - using principles, stories and reflective, experiential and interactive activities.

*Didactic/Interactive/Experiential • All Levels*

**FR3**  **It’s Not the Soul Food - it’s the Stress: Treatment of BED among African American Women**

Gayle E. Brooks, PhD, Paula Edwards-Gayfield, MA, LPCS, CEDS, NCC & Nettie Reeves, CPT, CHC

This workshop examines factors such as race, size, socioeconomic status and mid-life, that lead to the marginalization of African American women in our culture and in the eating disorders field. Strategies are offered to increase access to care for African American women and to more effectively assess, diagnose and treat BED in this population.

*Didactic • All Levels*
Hope for the Future: Challenging the Harmful Assumptions of Thin Privilege and Weight Stigma
Kathy Kater, LICSW & Carmen Cool, MA, LPC

Pressures for bodies to meet prescribed standards for appearance and health lead to the question, “Am I good enough,” and stigmatize those who don’t meet criteria. This workshop illustrates how to use the HAES approach in treatment, prevention and activism, to transform weight-bias and body-disconnection into body-equity and body-care.

Didactic • All Levels

Nutrition and Eating Disorders: Past, Present, and Future
Sondra Kronberg, MS, RD, CDN, CEDRD & Page Love, MS, RD, LD, CSSD

Over time, nutrition professionals have become an integral part of eating disorders treatment. This workshop uses clinical examples to explore current treatment protocols, including the newest technology, and contemporary techniques for coaching and eating supervision. Discussion includes special populations (athletes, males and adults), cultural food and exercise trends. Take home tools are provided.

Didactic/Interactive • Intermediate/Advanced

The Gift of Yoga: Experiencing, Expressing and Enjoying the Body from Inside Out
Dianne Neumark-Sztainer, PhD, MPH, RD & Elisa Mott, EdS, NCC, RYT

The practice of yoga is being incorporated into many eating disorders treatment programs. This workshop considers the potential risks and benefits of yoga for eating disorders prevention and treatment. It includes a gentle yoga practice, as well as a brief review of research on yoga and eating disorders. Please wear comfortable clothing.

Experiential • All Levels

Medical Issues Relevant to Women with Eating Disorders: Time to Reconnect Body and Soul
Jennifer L. Gaudiani, MD, CEDS

Women with eating disorders have specific medical complications that remain poorly understood, undertreated and inadequately communicated. This workshop highlights vital medical problems that women experience before, during and after an eating disorder and illustrates how to discuss these problems in an empowering, validating and motivating manner.

Didactic • All Levels

Eating Disorders in Adult Women: Relational Cultural Reframing of the Biopsychosocial, Developmental and Clinical Considerations
Margo D. Maine, PhD, FAED, CEDS, Karen L. Samuels, PhD & Mary Tartullo, PhD, PMHCNS-BC, FAED

Using Relational Cultural Theory, this workshop examines the unique biopsychosocial needs and experiences of adult women suffering from eating disorders. Case materials demonstrate how therapeutic interventions based on growth fostering relationships and mutuality create new neural and behavioral pathways that facilitate recovery through reconnection with self, the body and the relational world.

Didactic • All Levels

Judith Matz, LCSW

Now that BED is recognized as a discrete diagnosis, more people are seeking help to end their out-of-control eating. Learn how to integrate multiple facets of treatment – including attuned eating, shame and self-compassion, emotional regulation, body image strategies, weight stigma and the HAES paradigm – so that clients have the necessary tools to end bingeing and develop a healthy relationship with food and their bodies.

Didactic/Interactive • All Levels

CONVERSATIONS ABOUT FEMINISM
Gloria Steinem & Kathryn Zerbe, MD

For decades, Gloria Steinem has been a tireless organizer within the feminist movement, and Dr. Kathryn Zerbe, a psychoanalyst, has been a pre-eminent leader in the field of eating disorders. This unique presentation illuminates areas of convergence between feminism and contemporary psychoanalysis. Ms. Steinem addresses society’s objectification of the female body, disempowering women and limiting their economic, political and professional influence.

Dr. Zerbe describes how the contemporary therapeutic culture can empower women to meet the challenges of their complicated lives. Together, Ms. Steinem and Dr. Zerbe offer an inspired and inspiring discussion of the clinical implications of feminism for therapists and clients of both genders.

The opening Keynote for the 25th Annual Renfrew Center Foundation Conference launches a comprehensive, penetrating examination of the role of feminism in the treatment of eating disorders, past, present and future!

BREAK

FRIDAY AFTERNOON WORKSHOPS

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Didactic/Interactive • All Levels

"Thank you Renfrew – 20 years of conferencing with you and you’re still the one."
7:30-8:15  MEN’S NETWORKING BREAKFAST  
Hosted by: Samuel E. Menaged, JD & Steven Wiley Emmett, PhD  
Our 20th annual breakfast provides a unique opportunity for men to reconnect and reflect on their varied experiences in the eating disorders field and the impact of feminism on their collective lives.

FR10  Journal Writing: Restoring the Pathway to Resilience, Recovery and Growth  
Judith Ruskay Rabino, PhD  
In response to profound emotional pain, eating disorder patients use symptoms to self-soothe and self-regulate. Relinquishing symptoms and bearing deep distress is more feasible if new resources and coping skills are developed. This workshop uses clinical examples to illustrate how journal writing promotes self-regulation and productive insight.  
Didactic/Interactive/Experiential • All Levels

FR11  Inner Demonology: Engaging with Imagery from Eating Disorder Symptomatology and Post-traumatic Stress  
Sondra Rosenberg, ATR-BC  
Art created by trauma survivors provides a vivid window into their mental and emotional experience. This workshop covers common themes in clinical work with traumatized patients with eating disorders. Case examples offer simple art directives as well as more advanced approaches to working with imagery.  
Didactic/Experiential • All Levels

FR12  Feminist Psychodynamic Therapy in Practice: Stories for the 21st Century  
Kathryn Zerbe, MD  
In this workshop, clinical examples illustrate how feminist and contemporary psychoanalytic principles converge to cultivate meaning, personal growth and quality of life. Tools to enhance authenticity, essential relationships and affect expression are explored. Key is the indefatigable role of therapist as witness to profound, often very painful personal growth.  
Didactic • All Levels

6:30-9:30 EVENING GATHERING  
Relax and unwind at our 25th Anniversary evening gathering. This networking reception will include a buffet dinner, cash bar and DJ. Join us for a great dance party!

Saturday, November 14, 2015

7:30-8:15  NETWORKING BREAKFAST FOR NUTRITION THERAPISTERS  
Hosted by: Jodi Krumholz, RD, LDN & Trish Lieberman, MS, RDN, LDN  
Please join us to meet and network with dietitians who are working in treatment centers, outpatient groups or solo practices. Participants will have an opportunity to discuss the specific challenges of their work and learn from the experience of others.  
Didactic • All Levels

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Didactic • All Levels

8:15-9:30 Keynote Presentation  
THE BODY KEEPS THE SCORE: TAMING THE FEAR-DRIVEN BRAIN  
Bessel van der Kolk, MD  
Researchers have begun to demonstrate how the marriage of ancient wisdom and modern science can increase the effectiveness of therapeutic interventions for trauma. Since the brain develops in a use-dependent manner, many patients get stuck in an inner world that prepares them to deal with threat. Breathing, posture, facial synchrony and prosody can energize patients to come more fully alive in the present. Dr. van der Kolk discusses what parts of the brain are knocked out by hyper and hypo arousal, and demonstrates techniques for returning them “online”. He will address how therapists can learn to track physiological arousal in body language and movements, allowing clients to achieve self-leadership through activation of the brain involved in interoception and mindfulness.

9:30-10:00 BREAK

10:00-1:00 SATURDAY MORNING WORKSHOPS  
SA1 From Weight Fears to Body Respect: Unraveling the Path  
Linda Bacon, PhD  
This provocative workshop will deconstruct the war on fat and address how to disentangle weight from health, explain the science of weight regulation and make a compelling argument for a peace movement that champions body respect. Dr. Bacon will provide attendees with practical and creative strategies for nurturing resilience to advocate for size acceptance.  
Didactic • All Levels

“Provided strategies I can actually use in my practice.”
SA2 Gender Sensitive Psychotherapy of Men with Eating Disorders
Douglas W. Bunnell, PhD, FAED, CEDS, Jerel P. Calzo, PhD, Alison Darcy, PhD & Steven Wiley Emmett, PhD

Men with eating disorders and their clinicians enter treatment with beliefs, concerns and biases about gender and masculinity. This workshop explores how clinical work and research that acknowledges the intersection of male eating disorders and masculinity can help to improve the delivery of gender sensitive screening, treatment and prevention efforts.

**Didactic • All Levels**

SA3 Therapists and Recovery: Why and How Clinicians should use Experiential Knowledge in Therapy
Sander de Vos, MSc, Carmen Netten, BSc & Helena Zorge, BSc

A substantial number of clinicians have a personal history of a mental disorder. This workshop aims to demonstrate how therapists can use this experiential knowledge. In this regard, the presentation describes a particular training and treatment approach to eating disorders, developed in the Netherlands, including its pros and cons, and relevant research findings.

**Didactic/Interactive/Experiential • All Levels**

SA4 Current Issues in the Treatment of Eating Disorders and their Influence on Nutrition Therapists
Molly Kellogg, RD, LCSW & Jessica Setnick, MS, RD, LD, CEDRD

As an understanding of eating disorders increases, dietitians must remain knowledgeable about the latest research and treatments in order to provide appropriate care. This workshop reviews innovative developments such as new models for understanding eating disorders, pharmacological interventions for BED and new information on the neuroscience of body image.

**Didactic/Interactive • Beginner/Intermediate**

SA5 Starving for Connection: Redefining the Therapy Relationship with Today’s Dysregulated Teens and Young Adults
Ron Taffel, PhD

Regardless of treatment approach, the therapeutic relationship is the instrument of change. However, today’s dysregulated young people have different relationship needs, which must be integrated into therapy. This workshop describes the new rules of connection, and a template for authentic therapy relationships that address symptoms and knit together fragmented selves.

**Didactic • All Levels**

SA6 The Body Keeps the Score: When Talk Isn’t Enough
Bessel van der Kolk, MD

This workshop will review the latest research and interventions to demonstrate how bottom-up processes involving touch, movement and breathing - and top down processes using mindfulness and interoception - can help traumatized children and adults regulate their arousal and regain mastery over their lives. Specific techniques including neurofeedback, yoga, theater and somatic therapies are provided.

**Didactic • All Levels**

1:00-2:00 LUNCH

2:00-3:30 Keynote Presentation

ARE MALES REALLY MARGINALIZED? A DEBATE ABOUT GENDER AND EATING DISORDERS
Leigh Cohn, MAT, CEDS, Michael Levine, PhD, FAED & Catherine Baker-Pitts, PhD, LCSW

Currently, men are objectified and sexualized in the media, just as women have been exploited for decades, and with similar consequences: the development of eating disorders and body disturbances. Stigmatized for having “women’s diseases” and lacking access to treatment, they face unexpected obstacles to equality. Since the 1970s, feminist perspectives on eating disorders treatment and recovery have empowered women and influenced research and prevention, as well as identity politics and social advocacy, globally. This debate contrasts two sets of answers to questions about whether and how feminist principles should be applied to males and others who are non-female identified.

3:30-4:00 BREAK

4:00-6:00 SATURDAY AFTERNOON WORKSHOPS

SA7 Understanding and Treating Body Image Disturbance and Eating Disorders
Ann Kearney-Cooke, PhD

This workshop describes developmental experiences that lead to body image disturbance and techniques to treat cognitive-affective, perceptual and behavioral components of both body image and eating disorders. Clinical case studies emphasize the therapeutic role of self-regulation and the power of suggestion.

**Didactic • All Levels**

SA8 Prevention, Clinical and Genetics Research in Eating Disorders: Using Lessons from the Past to Navigate the Yellow Brick Road to Our Future
Kelly Klump, PhD, S. Bryn Austin, ScD & Michael R. Lowe, PhD

Prevention, clinical and genetic studies have undergone tremendous shifts in knowledge since the initial work of the early 1980s. This workshop reviews major breakthroughs and highlights exciting new trends in each area. Emphasis is placed on how these trends can inform public policy, clinical care and training.

**Didactic • All Levels**

SA9 Awareness, Attunement and Adaptability: The Triple A’s for Clinical Rupture and Repair
Beth Hartman McGilley, PhD, FAED, CEDS & Jacqueline Szablewski, MTS, MAC, LAC

Risk-taking, ruptures and reparations are therapeutic inevitabilities. Rather than being sources of shame or self-doubt, effectively resolved treatment ruptures can humanize and energize the healing process. This workshop focuses on therapeutic missteps and key elements of the reparative processes that can enrich the treatment relationship.

**Didactic/Experiential • All Levels**
The Body in Psychotherapy: Somatic Methods Every Practitioner Can Use
Adrienne Ressler, MA, LMSW, CEDS, Fiaedp & Laura J. Weisberg, PhD

Disturbances in body image and body experience are hallmarks of eating disorders, yet treatments directly addressing the body have largely been ignored by researchers. Based upon advances in neurobiological research, this workshop explores the use of body-based techniques to address these problems.

Didactic/Interactive/Experiential • All Levels

Families, Feelings and Food - Yesterday, Today and Tomorrow?
Anita Sinicrope Maier, MSW & Craig Johnson, PhD, FAED, CEDS

Families have always been involved in eating disorders, but not always a part of the therapeutic process. This workshop describes the history of family therapy, especially as it pertains to eating disorders of all ages, various models of family therapy and current best practices for eating disorder clients in different clinical settings.

Didactic/Interactive • All Levels

The Neurobiology and Psychopharmacology of PTSD/Traumatic Exposure
Craig Strickland, PhD

Understanding the neural mechanisms of PTSD provides insight into why some individuals develop the disorder and others, also exposed to traumatic events, do not. This workshop describes the neural mechanisms associated with the symptoms of PTSD and explores PTSD treatment choices, including psychopharmacology.

Didactic • All Levels

POSTER PRESENTATIONS & NETWORKING RECEPTION

Please join us as poster presenters display their work on topics relevant to the theory, treatment and prevention of eating disorders. Attendees are encouraged to enter into dialogue with presenters. Hors d’oeuvres will be served. A cash bar will offer wine, cocktails and soft drinks.

Sunday, November 15, 2015

NETWORKING BREAKFAST FOR PRIVATE PRACTITIONERS
Hosted by: Rebecca Berman, LCSW-C, CEDS, MLSP & Heather P. Maio, PsyD

Please join us for our annual breakfast for private practitioners. In addition to delicious food, networking and conversation, we are setting aside time for group discussion. Topics focus on the ethical dilemmas facing eating disorder clinicians as well as how to handle the many challenges of private practice. We look forward to seeing you and sharing ideas.

7:15-8:15 GENERAL REGISTRATION & CONTINENTAL BREAKFAST

8:30-10:30 SUNDAY MORNING WORKSHOPS

SU1 When Surviving is Not Enough: The Role of the Family in the Treatment of Eating Disorders
Judith Brisman, PhD

Over the past twenty-five years, clinicians have learned that the family can play a crucial role in eating disorders recovery. This workshop describes what we’ve learned and what we still need to know about how to make the most effective therapeutic use of family members and family resources – juggling individual members’ needs for privacy, autonomy and connection when crises abound.

Didactic/Interactive • All Levels

SU2 Quantum Physics, Spirituality and Eating Disorders
Carolyn Costin, MA, MEd, MFT & Anita Johnston, PhD

The concept of self-transcendence, once regarded as a spiritual experience, is now supported by neuroimaging and quantum physics. This workshop provides practical strategies for understanding and teaching self-transcendence in order to help eating disorder clients move beyond the illusion of the self to a different reality, deeper connection, healing and joy.

Didactic/Interactive • All Levels

SU3 Comparing and Contrasting the 3rd Generation of Therapies for the Treatment of Eating Disorders
Adrienne Juarascio, PhD

Over the past two decades, a growing body of literature has developed to assess the efficacy of various treatment approaches for eating disorders. This workshop reviews the existing empirical literature and discusses the similarities and differences among Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Dialectical Behavior Therapy.

Didactic • All Levels

SU4 The Art of Attunement; Walking the Walk of Empathic Connection
Susan Kleinman, MA, BC-DMT, NCC, CEDS

Clinicians need to transform their own intuitive senses into the active therapeutic skills so essential to recovery. In this workshop, experiential body/mind exercises are used to highlight how therapists can utilize their innate ability to “attend” empathically, respond authentically, and translate non-verbal experiences into cognitive insights.

Didactic/Interactive/Experiential • All Levels

“Always a thought-provoking and nurturing conference.”
REGISTRATION INFORMATION

Please register early as space is limited.
Assignment to workshops is based on availability at the time registration is received. Please note that the program may be subject to change.

Included in the cost of this conference are breakfast and lunch each day, snacks throughout the day and a buffet dinner on Friday night. In addition, Renfrew has negotiated a low hotel rate for conference attendees.

CONFERENCE 2015 FEE SCHEDULE

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* To receive the early registration discounted rate, registration forms MUST BE POSTMARKED BY September 18, 2015.
** Photocopy of Student ID must accompany registration form.

Group rates available for four or more from the same organization.
No phone registrations will be accepted.

Thursday Evening
- New Attendee Orientation

Friday
- Morning Exercise: FUNky Fit
- Continental Breakfast
- Morning/Afternoon Workshops
- Lunch
- Keynote
- Refreshment Breaks
- Evening Gathering & Buffet Dinner

Saturday
- Networking Breakfast for Nutrition Therapists
- Men’s Networking Breakfast
- Breakfast Honoring Diverse Populations
- Continental Breakfast
- Morning/Afternoon Keynotes
- Morning/Afternoon Workshops
- Refreshment Breaks
- Lunch
- Poster Presentations & Networking Reception

Sunday
- Networking Breakfast for Private Practitioners
- Continental Breakfast
- Morning Workshops
- Refreshment Break
- Keynote
- Closing Ritual
- Lunch & Tour of The Renfrew Center

FOR MORE INFORMATION PLEASE CONTACT DEBBIE LUCKER AT 1-877-367-3383 OR DLUCKER@RENFREWCENTER.COM
Registration Options
ONLINE: www.renfrewconference.com
MAIL: Attn: Debbie Lucker, The Renfrew Center Foundation, 475 Spring Lane, Philadelphia, PA 19128
FAX: 215-482-2695, please call 1-877-367-3383 to confirm receipt of fax

REGISTRATION FORM Please print clearly

Name:_________________________________ Credentials:___________________________ Organization:___________________________
Preferred Mailing Address (Work or Home):_______________________________________ City:________________________________ State:______ Zip:______________
Work Phone:___________________________ Home Phone:___________________________ E-mail:________________________________ First Time Attendee (Yes or No)

WORKSHOP REGISTRATION Please indicate 1st and 2nd choice

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SPECIAL EVENTS I will attend the following:

- [ ] Thursday Evening
  - New Attendee Orientation
  - Breakfast Honoring Diverse Populations
- [ ] Friday
  - FUNky Fir
  - Evening Gathering
  - Poster Presentations & Reception
- [ ] Saturday
  - Networking Breakfast for Nutrition Therapists
  - Networking Breakfast for Private Practitioners
  - Lunch & Tour of The Renfrew Center

Below is my credit card information authorizing payment to be charged to my account. (Only the cards listed below are accepted.)

Credit Card used: [ ] AMEX [ ] DISCOVER [ ] VISA [ ] MASTERCARD
Credit Card #:_________________________________ Exp. Date:____________ Sec. Code_______ 

Enclosed is a check or money order in the amount of ________________

Please make checks payable to The Renfrew Center Foundation. Full refunds will be made for cancellation requests received by Friday, October 9, 2015. Cancellations after Friday, October 9, 2015 will be subject to a 50 percent administrative fee. There will be no refunds after Friday, November 6, 2015. Credits will be issued for use toward future Renfrew Center Foundation Conferences.

HOTEL & CONFERENCE SITE INFORMATION
Philadelphia Airport Marriott
One Arrivals Road, Terminal B
Philadelphia, Pennsylvania 19153
Toll-free: 1-800-682-4087

Conveniently located in the Philadelphia International Airport terminal B, this newly renovated, smoke-free facility has been awarded a “green certification” for their environmentally friendly practices, which includes a full scale hotel-wide recycling program.

Hasle-free transportation to Center City, Philadelphia and the historic district is a 15-minute train ride departing every 30 minutes at a one-way rate of $7. Taxi service is also readily available just outside the hotel lobby. By car, take I-95 North or South to Philadelphia International Airport. Parking is complimentary for overnight guests or $12 for non-overnight guests, only for those parking in Garage C, Level 2.

The negotiated rate is $120 per night plus taxes for a single or double occupancy. Room rates are based on availability from Friday, June 12, 2015 through Friday, October 9, 2015. To reserve a room at the discounted rate, please call The Philadelphia Airport Marriott directly at 1-800-682-4087. Please identify yourself as a Renfrew Conference attendee. Reservations must be made no later than Friday, October 9, 2015 in order to receive the special discounted rate.

The Marriott’s attentive staff looks forward to welcoming you to the great city of Philadelphia and The Renfrew Center Foundation Conference!

CONFERENCE CHAIR
Judi Goldstein, MSS, LSW is Vice President of The Renfrew Center Foundation and has been responsible for the development of the Conference since 1994. She has been with The Renfrew Center for 30 years, since it opened in 1985. Ms. Goldstein is a Founder of The National Eating Disorders Association.

FOUNDATION PRESIDENT
Samuel E. Menaged, JD is the Founder and President of The Renfrew Centers and The Renfrew Center Foundation. He is a board member of the Residential Eating Disorders Consortium and the Past President of the Board of the Eating Disorders Coalition for Research, Policy and Action, an advocacy group based in Washington, D.C. Mr. Menaged is a former healthcare attorney.

COMMITTEE MEMBERS
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KEYNOTE PRESENTERS

Catherine Baker-Pitts, PhD, LCSW
is Co-Director of the postgraduate training program Minding the Body: Disruptions and Possibilities for Eating, Sex, Surgery, Subversion and Creativity at The Women’s Therapy Centre Institute. A graduate of numerous psychoanalytic programs, and a candidate at the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, she is co-author of a clinical tool, The Body Observational Diagnostic Interview, and author of two chapters in Body-States. Her research has focused on gender, culture, technology, and the (plastic) body, and her clinical work in New York affirms non-conforming bodies and gender creativity.

David H. Barlow, PhD
is Professor of Psychology and Psychiatry, and Founder and Director Emeritus, Center for Anxiety and Related Disorders, Boston University. Recipient of numerous awards, including the Distinguished Scientific Award for Applications of Psychology from APA, and the James McKeen Cartell Fellow Award from the Association for Psychological Science, honoring individuals for their lifetime of significant intellectual achievements in applied psychological research, his recent publications include The Neuroscience of Psychological Treatments, The Origins of Neuroticism, and Evidence-based Psychological Treatments: An Update and a Way Forward. Dr. Barlow’s principle area of interest is the nature and treatment of emotional disorders. He is an advisor to The Renfrew Center’s Clinical Excellence Board.

Leigh Cohn, MAT, CEDS
is the Publisher of Gürze Books, Editor-in-Chief of Eating Disorders: The Journal of Treatment and Prevention, and coauthor of 15 books, including Current Findings on Males and Eating Disorders and Making Weight. He has spoken on males and eating disorders at professional conferences and universities, and he has received awards from IAEDR the Eating Disorders Coalition, and NEDA, of which he is a member of the Founders Council. He is currently president of the National Association for Males with Eating Disorders.

Bessel van der Kolk, MD
is Medical Director of The Trauma Center, Boston, MA, Professor of Psychiatry, Boston University Medical School and co-director of the National Center for Child Traumatic Stress Complex Trauma Network. He is author of more than 150 scholarly articles on various aspects of trauma, and the New York Times bestselling book, The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma.

Michael P. Levine, PhD, FAED
is Emeritus Professor of Psychology at Kenyon College. In the field of eating disorders his research, writing and activism focuses on sociocultural risk factors and prevention. He has authored, co-authored, or co-edited five books, and 100 articles and chapters. He is a Fellow of AED and a member of the advisory councils of NEDA, the Center for Study of Anorexia and Bulimia, and Monte Nido & Affiliates – Eating Disorder Treatment Centers.

Gloria Steinem
is a writer, lecturer, editor and an internationally renowned feminist activist. A co-founder of Ms. magazine, and a contributor to the founding of New York magazine, she has written for publications and numerous women’s magazines worldwide, and is the recipient of multiple literary awards to recognize her writing skills and achievements. Ms. Steinem’s books include the bestsellers, Revolution from Within: A Book of Self-Esteem, Outrageous Acts and Everyday Rebellions, Moving Beyond Words, and Marilyn: Norma Jean. She helped to establish the Women’s Action Alliance and the National Women’s Political Caucus, was president and co-founder of Voters for Choice, co-founder and board member of Choice, USA, founding president of the Ms. Foundation for Women, and founder of Take Our Daughters to Work Day. Named one of the 25 most influential women in America by Biography magazine, and the subject of several television documentaries and a print biography, she was inducted into the National Women’s hall of Fame in 1993. Today Ms. Steinem continues her most distinguished career documenting the grassroots origins of the US women’s movement and is working on her new book, due out this Fall.

Heather Thompson-Brenner, PhD
is Adjunct Associate Professor, Boston University, a Fellow of AED, a member of EDRS, and the recipient of a Career Development Award from the NIMH. She has published over fifty articles and book chapters on eating disorders, psychotherapy integration, emotion regulation, and the politics of psychotherapy research, and most recently edited Evidence-Based Casebook of Treatment for Eating Disorders. Dr. Thompson-Brenner has a private practice in Cambridge, Massachusetts.

Kathryn Zerbe, MD
is Clinical Professor of Psychiatry, Oregon Health Sciences University and Training and Supervising Psychoanalyst, Oregon Psychoanalytic Center. Author of four books and over 150 papers, chapters and reviews, she is considered a preeminent voice in feminist psychodynamic psychotherapy and speaks nationally and internationally on topics such as resilience, therapeutic action, and creative growth over the lifecycle. For her clinical, educational and written contributions, Dr. Zerbe received the Alexandra Symonds Award from the American Psychiatric Association and the Lifetime Achievement Award from NEDA. She has a private practice in Portland, Oregon.
The Renfrew Center, established in 1985 in Philadelphia, is celebrating its 30th Anniversary as the first free-standing, residential treatment facility in the United States exclusively dedicated to the treatment of adolescent girls and women with eating disorders. Renfrew is the first and largest eating disorder treatment network in the country and has treated more than 65,000 women. Renfrew provides a comprehensive range of services in California, Connecticut, Florida, Georgia, Illinois, Maryland, Massachusetts, New Jersey, New York, North Carolina, Pennsylvania, Tennessee and Texas. Programs and services vary by site and include: Residential, Day Treatment, Intensive Outpatient, Group Therapy, Individual, Family and Couples Therapy, Nutrition Therapy and Psychiatric Consultation. Treatment tracks offered include: trauma, emotional eating, substance abuse, adolescents and women in midlife. The treatment philosophy emphasizes a respect for the unique psychology of women, the importance of a collaborative therapeutic relationship and the belief that every woman needs to actively participate in her own recovery. The Renfrew Center integrates relational principles and practice with the latest developments in the effective treatment of patients with eating disorders. Renfrew has relationships with most managed care companies, is a Preferred Provider for many major insurance companies and works with individuals to create a financial plan that meets the needs of each prospective patient. Call 1-800-RENFREW (736-3739) or visit www.renfrewcenter.com for more information about The Renfrew Centers.

The Renfrew Center Foundation, founded in 1990, is a non-profit, charitable organization dedicated to advancing the education, prevention, advocacy, research and treatment of eating disorders. Through its programs, the Foundation aims to increase awareness of eating disorders as a public health issue and research the pathology and recovery patterns of people with eating disorders. The Foundation also seeks to educate professionals in the assessment, treatment and prevention of behavioral and emotional disorders by sponsoring an Annual Conference, as well as numerous seminars throughout the country. To date, the Foundation has trained more than 30,000 professionals. The Renfrew Center Foundation is committed to helping women and girls on the road to recovery by providing financial assistance to those who might otherwise not be able to continue treatment. The Foundation is supported financially by private donations, as well as by funding from The Renfrew Center. Professionals can become more involved with The Foundation’s efforts through individual donations and planned giving opportunities. Together, with your help, we can build a future where women, girls, and their families have the hope for a healthy life, free from eating disorders. For information about The Renfrew Center Foundation, please call toll-free 1-877-367-3383 or visit www.renfrewcenter.com.

ACCREDITATION

The Renfrew Center Foundation is approved by the American Psychological Association to offer continuing education for psychologists. The Renfrew Center Foundation maintains responsibility for the program. Credit is awarded based on full-time participation and completion of all required documentation.

The Renfrew Center Foundation is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Continuing Education Credits for social workers have been applied for and are pending approval by the National Association of Social Workers for 18 Continuing Education Credits.

Continuing Education Credits for registered dietitians are offered pending approval by the Commission on Dietetic Registration.

The Renfrew Center Foundation is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Nevada School of Medicine and The Renfrew Center Foundation. The University of Nevada School of Medicine is accredited by the ACCME to provide continuing medical education to physicians.

The University of Nevada School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.